

## **Kristy Robertson Bio**

Kristy Robertson is a National Board Certified School Counselor and a National Board Certified Counselor. A Mississippi College graduate, high school counselor, and loving mom to two children, Kristy has a passion for working with adolescents and young adults. Her extensive work with high schoolers for twenty-two years has provided her with a unique understanding of how to best help her clients as they navigate issues such as: anxiety, depression, ADHD, establishing healthy boundaries, and transition to life after high school.

Kristy is committed to providing a safe, non-judgmental space where clients will be heard and supported as they work through their issues and journey towards healing, hope, and restoration. She uses what is referred to as eclectic therapy which is a form of psychotherapy that adapts to the unique needs of each client, depending on the problem, the treatment goals, and the client's expectation and motivation. Kristy is excited about joining the Chris Webb Counseling Group and looks forward to meeting new clients either in person or via Telehealth.